



# Trustees' Annual Report for the period

	Period start date				Period end date		
<b>From</b>	1	April	2016	<b>To</b>	31	March	2017

## Section A Reference and administration details

**Charity name** MULTI SPORTS CLUB

**Other names charity is known by**

**Registered charity number (if any)** 1109962

**Charity's principal address** C/O 6 RUSKIN ROAD

EASTLEIGH

HAMPSHIRE

**Postcode**

SO50 4JS

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	SUSAN PERRIN	TREASURER		
2	SARAH-JANE DAVIES	SECRETARY		
3	IRENE SMALL	COACH COORDINATOR		
4	SUZY FOSTER	CHAIR		
5	SALLY ESHRAGHI	CHAIR	Finished 30 9 16	
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	CONSTITUTION
How the charity is constituted (eg. trust, association, company)	SPORTS CLUB
Trustee selection methods (eg. appointed by, elected by)	ELECTED BY EXISTING TRUSTEES

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

To promote for the benefit of the public and further community participation in healthy recreation in the Hampshire area by organising or providing coaching and training to enable, assist and encourage young people with learning and/or physical disabilities to play team games, sports and dance and social activities.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Monday: Compass dance group – 1 hour coaching session  
Thursday: Multi sports – 1 hour coaching session in variety of different sports  
Friday: Football coaching- 1 hour coaching session in football skills  
Saturday: gym – 1 hour private use of fitness centre  
Sunday: am – multi sports – 2 x 1 hour coaching sessions in a variety of different sports  
Pm – aquafit – 1 hour activity session  
Theatre trips  
Meals out and other social activities such as bowling, boat trips or bingo

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

We delivered the following:

45 hours Football coaching sessions Fridays

45 hours Aquafit sessions

47 hours Thursday multi sports coaching sessions

80 hours Sunday multi sports coaching sessions

8 hours gym sessions (started Feb 2017)

45 hours Dance sessions, with 3 performances

9 hours golf lessons

8 hours ski lessons

8 hours horse riding sessions

A total of 295 hours of formal coached sport and dance activities

12 theatre trips

1 bowling party

1 Bingo night

1 Mencap Gateway sports day competition (won first prize)

4 boat trips with Solent Dolphin charity

Successful in grant application from Sport for All to start up 2 new groups on the west of Southampton. Dance group on Friday evenings started in February 2017, Football group on Wednesday evenings started in March 2017.

We said goodbye to Sally Eshraghi who resigned as chair, having been in post since we started the club. Suzy Foster has now taken over as chair.

We competed in the Saints Pan Disability Football League – the first time we had tried anything like that, and although we did not win many matches everyone really enjoyed themselves and we had many comments from organisers and other teams that we had improved incredibly over the months. Organisation and registrations started in October 2016 with the first fixtures starting in January 2017.

We competed in the Brockenhurst Gateway club sports day in October 2016 and won the shield for the second time.

Successful review of Clubmark status – registration to be renewed Summer 2017

We continue to be supported by some great volunteers at many of our sports sessions. This makes a big difference in the quality of the sessions and allows much more support for those club members who find it difficult to join in.

## Section E

## Financial review

Brief statement of the charity's policy on reserves

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Details of any funds materially in deficit

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### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Main fundraising event was Wyvern 10k race adoption as their charity which raised £1585  
The club has a current account and a savings account.

## Section F

## Other optional information


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## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Susan Perrin	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	22/10/17	